

## **Why does my dog look so skinny, I cannot get weight on her?**

One thing to note about bostons is they have a high metabolism and they are an active breed. So many owners feed their dog's the amount of food stated on the back of the food bag. Remember this is a general assessment for all breeds, not breed specific. You have to take certain factors into account when determine how much your boston should be fed.

If you have an active boston then I suggest one cup of adult kibble twice a day plus fruits and vegetables in between meals. Ask yourself how often you eat food throughout the day.

If you have a boston that is not as active due to age or just personality you may want to consider a diet that is low in calories such as a weight management or senior kibble. You would still feed one cup twice a day with healthy snacks in between meals.

It is important that your dog feels content and not just looking for the next meal. If your dog eats fast, does not chew and/or gorges their food you need to make some changes. Start with evaluating how much you are feeding and how often. Place the kibble on a flat surface such as a plate or floor to require the dog to pick up each individual kibble slowing him down.

**NOTE:** It is also important to get a fecal done at your vet to ensure no worms or bacteria in the intestines which can also hinder weight gain